

SENIORS ON THE GO

SOCIALS

- Coffee Social
- Happy Hour
- Monthly Birthday Party
- Women's Social
- Men's Breakfast



BRAIN TEASERS

- Scrabble
- Word Mining
- Crosswords
- Find-A-Word
- Memory Games



PET VISITS

- Twice A Month



EDUCATIONAL

- Art Expression
- Educational Hour
- History Programs



SPIRITUAL

- Hymn Sings
- Church Service
- Communion
- Youth Services



PHYSICAL

- Golf
- Bowling
- Noodle Ball
- Bean Bag Toss
- Chair Dancing



COMMUNITY

- Gardening in Courtyard
- SKYPE Visits
- Intergenerational Programs